

# Frequently Asked Questions

**Question: What is Teen Challenge Cincinnati?**

We are a highly disciplined, residential, faith-based education program that utilizes a discipleship methodology to help students become the kind of persons that do not need to or want to abuse drugs or alcohol. We train our students for a relational lifestyle with God, others, themselves, and the world that offers them success in overcoming their addictions and achieving purposeful, productive lives.

**Question: How much does Teen Challenge Cincinnati Cost?**

There is a non-refundable \$350.00 intake fee that is due on the day a person enters the program and then a monthly fee of \$900.00. We subsidize all students approximately 70% of our cost to have them in the program. What we simply do not have the financial ability to cover is what makes up the monthly fee of \$900.00. Incoming students often seek sponsorship from family and friends, as well as local businesses and churches to help defray the cost of the program.

**Question: Can I keep working at my job while in Teen Challenge Cincinnati?**

No. Teen Challenge Cincinnati is a residential program with students living on campus. Students are engaged in the program throughout the entire day, leaving them no time to maintain a job outside the program.

**Question: Is Teen Challenge Cincinnati a “lock down” facility?**

No. Students are not forced to stay in Teen Challenge Cincinnati against their will. We are not a jail and our staff are not guards.

**Question: How old must I be to attend Teen Challenge Cincinnati?**

We serve people from the ages of 18–40.

**Question: How long is the program at Teen Challenge Cincinnati?**

Our program takes a minimum of six months to complete, with the majority of students graduating in this amount of time. However, there is no problem if students need to stay longer in order to work through the issues that brought them into the program.

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**Question: Can my dog/pet visit me while I'm in the program?**

Unfortunately no; you can look forward to enjoying your pet while on pass.

**Question: Who can visit me when I'm in Teen Challenge Cincinnati?**

While in the program, students may only have contact (visitation, phone calls, letters, passes) with those people who are on their "Approved Contact List". Everyone on this list must meet two criteria: 1) No-one on the Approved Contact List may be a current drug or alcohol abuser. 2) Everyone on the list must be a positive influence on the student seeking to deal with his or her addiction and supportive of their decision to pursue faith-based recovery.

**When and how often is visitation?**

For those who are on the Approved Contact List, visitation is scheduled every Saturday from 2:00 P.M. — 5:00 P.M. and every Sunday from 1:30 P.M. — 4:30 P.M. Visitors may come on one or both days as they choose. Also, Teen Challenge Cincinnati hosts a Family Night the first Friday of every month, from 6:30 P.M. — 8:00 P.M. when we provide a meal and program for our students and those on their Approved Contact Lists.

Approved visitors may also attend the church services where Teen Challenge students worship.

**Question: Can I write and receive letters while at Teen Challenge Cincinnati?**

Yes. You may write as often as you wish and receive mail from anyone on your Approved Contact List.

**Question: Can I bring my cell phone to Teen Challenge Cincinnati? How often may I make phone calls?**

You may bring your cell phone to Teen Challenge Cincinnati, however, it will be kept for you in the dormitory office until approved phone time which occurs every Monday and Thursday evenings from 9:00 P.M. — 9:30 P.M. Following phone time, all cell phones must be returned to the dorm office for safe-keeping. Additional phone time may be granted on special occasions by permission from staff.

**Question: Do I get any off-campus passes while at Teen Challenge Cincinnati?**

Yes. When students complete the Introduction period and move into Phase One (normally one month into the program) they are given a day pass to be used on a weekend of their choice once a month with anyone on their approved contact list.

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When students move from Phase One into Phase Two (normally three and a half months into the program), they are given an additional overnight pass to be used on a weekend of their choice with anyone on their approved contact list. At this point, students have both one day and one overnight pass each month.

When students reach the Commitment period of Phase Two (normally five months into the program) they are given another overnight pass to be used on a weekend of their choice with anyone on their approved contact list. At this point, students have one day and two overnight passes each month.

Finally, students are given a week pass between completion of Phase One and the beginning of Phase Two. The purpose of this pass is to help students assess how they are progressing in their recovery.

**Question: Can I get my GED (Graduate Educational Development) while in Teen Challenge Cincinnati?**

Yes. Those students who do not have a high school diploma and do not have a GED will engage and complete the process to achieve a GED. Students in this situation cannot graduate from Teen Challenge Cincinnati until they earn their GED.

**Question: Can I take psychotropic medications while in Teen Challenge Cincinnati?**

No.

**Question: Can I keep my car on Teen Challenge Cincinnati property while in the program?**

No.

**Question: Is Teen Challenge Cincinnati a working ranch with horses and other animals?**

No.

**Question: What does a typical day look like at Teen Challenge Cincinnati?**

Students get up at 6:30 A.M. Monday—Friday. Breakfast is at 7:00 A.M. Work Therapy begins at 8:00 A.M. and continues through approximately 11:30 A.M. (Work Therapy is usually carried out on the Teen Challenge Cincinnati campus. It is part of the program and not a “job” for which the students are paid or earn money toward their monthly fee. It is an essential component of the overall process by which students are trained to become the kind of persons in relationship with God who do not need to or want to abuse drugs or alcohol.)

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Lunch is at 12:00 P.M. Following lunch, the afternoons are spent in course work which has three components: 1) class time, in which students, under the supervision of a teacher, study and work through various topics such as how to overcome temptation, how to manage thoughts and emotions, how to develop positive, healthy relationships with God, others, self, and the world, and how to make good choices. 2) group studies, 3) one-on-one mentoring. Some combination of these three elements are going on throughout the afternoon up until 4:30 P.M.

Dinner is at 5:30 P.M.. Following dinner, evening time is taken up with either another class, more work therapy, study or just open time for the students. Lights out are at 10:00 P.M.

**Question: Is it necessary for me to believe in God in order to be accepted into Teen Challenge Cincinnati?**

No. However, since we are offering a Christian, faith-based program of recovery, we do ask that incoming students have an open mind and are not hostile or combative regarding matters of faith.

**Question: Can I use tobacco products while in Teen Challenge Cincinnati?**

No. However, students may have nicotine patches the first 90 days of the program to help them ween off of tobacco.

**Question: Can I be in Teen Challenge Cincinnati while on probation?**

Yes.

**Question: Does Teen Challenge Cincinnati find a job for me upon graduation from the program?**

No.